

Protocol Starting Procedure

- ▶ **MMS** is a 22.4% solution of 80% sodium chlorite powder or flakes (NaClO_2) in water.
- ▶ **MMS1** is activated MMS. It is MMS plus an activator; when the two are mixed together they produce chlorine dioxide (ClO_2).

This Protocol Starting Procedure must be completed before following protocols 1000, 1000+, 2000, or 3000. It has been found that this procedure is very necessary and often results in nothing working when this procedure is skipped. You can use MMS1, MMS1 size 1 tablets, CDH or CDS for The Protocol Starting Procedure.

NOTE: Things that Neutralize Chlorine Dioxide are: Vitamin C, Any Antioxidant, Coffee, Tea, Milk, Alcohol. (Also read [32 Reasons why MMS is not working](#))

→ FOLLOW THESE INSTRUCTIONS ←

- **The first day of the Starting Procedure drink 1/4 drop of activated MMS (MMS1) every hour for 8 consecutive hours**

Step 1. Fill a non-metallic  kitchen measuring cup with 4 fl oz (120ml) of water.

Step 2. Using an empty, clean, dry, non-metallic drinking glass, tilt the glass slightly sideways and drop 1 drop of MMS so the drop goes to the corner of the lowest part of the glass. Drop 1 drop of activator on top of the MMS drop. Shake the glass a little to mix the drops. Note: MMS1 tabs-1, CDH or CDS, follow the directions denoted by an *.

Step 3. Wait 20 to 30 seconds and then pour some of the 4 fl oz (120ml) of water into the glass with the drops. Pour that back into the measuring cup. Mix well. Now you have a 1 drop dose of MMS1 in 4 fl oz (120ml) of water.

Step 4. Pour 1 fluid ounce (30ml) from the 4 fl oz (120ml) 1 drop dose of MMS1, into a glass and drink it. You can drink it as it is, or you can add some additional water to it. This gives you a 1/4 drop dose of MMS1.*

Step 5. Pour the remaining 3 fluid ounces (90ml) down the drain. You won't be using them. YOU MUST MAKE UP A NEW DRINK EACH HOUR. Each MMS1 drink must be ingested within 30 seconds after making it and one should be sure to never wait more than 60 seconds after making a dose before ingesting it.

* MMS1 size 1 tabs: drop one tablet in 4 fl oz of water; use 1 fl oz. Add 1/4ml of CDH to water & drink. Add 1/2ml of CDS to water & drink. Use a 1ml syringe to measure.

- **The 2nd & 3rd days of the Starting Procedure drink 1/2 drop of MMS1 every hour for 8 hours a day**

Step 6. Follow the same steps 1, 2 and 3 as above each hour. This time pour 2 fluid ounces (60ml) into a glass and drink it. Pour the remaining 2 fluid ounces (60ml) down the drain. This gives you a 1/2 drop dose of MMS1. **

** MMS1 size 1 tabs: drop one tablet in 4 fl oz of water; use 2 fl oz. Add 1/2ml of CDH to water & drink. Add 1ml of CDS to water & drink. Use a 1ml syringe to measure.

● **The 4th day of the Starting Procedure drink 3/4 drop of MMS1 hourly for 8 hours**

Step 7. Follow the same steps 1, 2 and 3 as above. Pour 3 fluid ounces (90ml) into a glass and drink it. Pour the remaining 1 fluid ounce (30ml) down the drain. This gives you a 3/4 drop dose of MMS1. At the end of day 4 you will have completed the Protocol Starting Procedure. ***

*** MMS1 size 1 tabs: drop one tablet in 4 fl oz of water; use 3 fl oz. Add 3/4ml of CDH to water & drink. Add 1.5ml of CDS to water & drink. Use a 1ml syringe to measure.

● **The 5th day of the Starting Procedure drink 1 drop of MMS1 every hour for 8 hours**

You are now starting Protocol 1000 at 1 drop of MMS1 hourly for 8 consecutive hours. Follow Protocol 1000 instructions. ****

**** MMS1 size 1 tabs: drop one tablet in 4 fl oz of water; use 4 fl oz. Add 1ml of CDH to water & drink. Add 2ml of CDS to water & drink. Use a 1ml syringe to measure.

From this point, those people with cancer should progress forward to Protocol 2000.

Note: We have noticed that people who activate MMS hourly seem to have more success in restoring their health.

Protocol	Day	MMS1	MMS1 Tabs-1	CDH	CDS
Starting	1	1/4 drop	1 fl oz	1/4 ml	1/2 ml
Starting	2	1/2 drop	2 fl oz	1/2 ml	1 ml
Starting	3	1/2 drop	2 fl oz	1/2 ml	1 ml
Starting	4	3/4 drop	3 fl oz	3/4 ml	1.5ml
1000 (day 1)	5	1 drop	4 fl oz	1 ml	2 ml

Note that CDH dosing applies only to CDH made to the original McRae-Lackney recipe.

If Using **CDH**, Know That 1ml Of CDH Equals 1 Drop Of MMS1 If Ingested Into A Normal Stomach. Therefore, 1/4ml Of CDH Equals 1/4 Drop Of MMS1.

If Using **CDS**, Know That 2ml Of 3000ppm CDS Equals 1 Drop Of MMS1 If Ingested Into A Normal Stomach. Therefore, 1/2ml Of CDS Equals 1/4 Drop Of MMS1.